



## The Gables

Part of the Healthcare Homes Group

# Caring is at the heart of everything we do...

*The Gables is a care home in Gorleston that offers residential care in a beautiful Victorian mansion with large rooms and a wealth of fine architectural detail such as the ornate door architraves.*

Large lounges allow residents to relax in comfortable surroundings with their family and friends. Tastefully decorated bedrooms, many of which are en-suite, add to our residents' comfort, with several benefiting from sea views. Although all rooms are fully furnished, we encourage residents to bring with them items of furniture and personal possessions so that their room can be a true 'home from home'.

## Facilities Available

- 34 bedrooms
- Tastefully modernised Victorian mansion house
- Visiting optician, dentist and chiropodist
- In-house hairdressing salon providing usual services plus manicures and hand massages
- Special dietary requirements catered for
- Fabulous sea views
- Close to local amenities
- Weekly health professional visits
- Double rooms are available

## A Wide Range of Activities

- Indoor bowls
- Craft afternoons
- Sing-Along sessions
- Exercise classes
- Card making
- Bingo
- Gardening and patio pots
- Cream tea afternoons
- Annual gala
- Reminiscence groups
- Monthly professional entertainers visiting



*“My mother has been a resident for about 18 months. During this period her overall health has definitely improved and her outlook on life is much healthier. The staff have encouraged her to participate in many different activities and she now thoroughly enjoys everything she does, especially as she has found new friendships with other residents - she says she’s never laughed so much! We are extremely happy with her treatment and her progress.”*

*“Mum has a lovely room which is kept very clean and tidy. Food is very good and varied. I visit three times per week and always leave knowing that mum is content in her surroundings.”*



# Fancy A Visit?

Healthcare Homes provides care and support appropriate to the needs of each individual, in a friendly, warm and supportive atmosphere.

A visit to The Gables to meet our staff and residents will give you the opportunity to find out more and ask questions. We are happy to arrange a visit for you – with your friends and family if you wish.

The Gables, 6 Marine Parade, Gorleston,  
Great Yarmouth, Norfolk, NR31 6DU  
Tel: 01493 667839

Visit our website [healthcarehomes.co.uk](http://healthcarehomes.co.uk)  
for a full map to the home



# Explore The Local Area...

The Gables and its gardens overlook the promenade at Gorleston, near to the towns of Great Yarmouth and Lowestoft.

Whilst the home has splendid views of the North Sea, residents are encouraged to enjoy the promenade to 'take in the sea air'. Whether you are interested in ships, small boats or people, there is always something to watch. The grounds, a mere stones throw from the beach, includes a fully enclosed garden with seating and waist high flower beds. The annual fete, held in the garden, is one way in which The Gables fully embraces the community spirit.



Together we *respect*, with *compassion* we care,  
through *commitment* we achieve



 HealthcareHomes

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